

A Day in the Life 2026 - Saturday, February 28th

A Pre-Medical Conference for Undergraduate and Post-baccalaureate Students

Event Schedule		
8:30 – 9:00 AM	REGISTRATION & BREAKFAST	
	Plenary Sessions	
9:05 - 9:15 AM	WELCOME TO PERELMAN SCHOOL OF MEDICINE! Kristyn J. Smith, DO Assistant Dean for Premedical Enrichment & Experiences Subinternship Director, Emergency Medicine Eric Szot, MA, MEd Associate Director of Admissions, Community Engagement, and Pre-Medical Programs	
9:15 – 10:00 AM	KEYNOTE LECTURE DaCarla Albright, MD Professor of Clinical Obstetrics and Gynecology Associate Dean for Student Affairs and Wellness Perelman School of Medicine, University of Pennsylvania	
10:00 – 10:45 AM	OVERVIEW OF MEDICAL SCHOOL ADMISSIONS Abike James MD, MPH Lead Physician, Penn OBGYN Associates Vice Chair for Academic Excellence and Community Engagement Professor of Clinical Obstetrics And Gynecology Co-Chair, Committee on Admissions	
10:45 – 11:00 AM	Short Break	
11:00 – 12:00 PM	MEDICAL STUDENT PANEL Medical Students from Across the Philadelphia Region	
12:00 – 12:45 PM	ASK A MEDICAL STUDENT Lunchtime Chat & Chew Session	
	Concurrent Sessions	
	<i>Freshmen & Sophomores</i>	<i>Juniors, Seniors & Recent Grads</i>
1:00 – 1:40 PM	Ultrasound Led by SONO	MCAT Prep Workshop Darlene Leohansson & Sneha Kadiyala
1:45 – 2:25 PM	Ultrasound Led by SONO	Financial Aid/Budgeting Workshop Mike Sabara, M.Ed. PSOM Director of Financial Services
2:30 – 3:15 PM	Pathway to Medicine	Gap Year Planning
3:15 – 3:45 PM	JMEC Tour/ Departures	

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