

# A Day in the Life 2026 - Saturday, February 28th

A Pre-Medical Conference for Undergraduate and Post-baccalaureate Students

Event Schedule		
8:30 – 9:00 AM	<b>REGISTRATION &amp; BREAKFAST</b>	
<b>Plenary Sessions</b>		
9:05 - 9:15 AM	<b>WELCOME TO PERELMAN SCHOOL OF MEDICINE!</b> <b>Kristyn J. Smith, DO</b> Assistant Dean for Premedical Enrichment & Experiences Subinternship Director, Emergency Medicine	
<b>Eric Szot, MA, MEd</b> Associate Director of Admissions, Community Engagement, and Pre-Medical Programs		
9:15 – 10:00 AM	<b>KEYNOTE LECTURE</b> <b>DaCarla Albright, MD</b> Professor of Clinical Obstetrics and Gynecology Associate Dean for Student Affairs and Wellness Perelman School of Medicine, University of Pennsylvania	
10:00 – 10:45 AM	<b>OVERVIEW OF MEDICAL SCHOOL ADMISSIONS</b> <b>Abike James MD, MPH</b> Lead Physician, Penn OBGYN Associates Vice Chair for Academic Excellence and Community Engagement Professor of Clinical Obstetrics And Gynecology Co-Chair, Committee on Admissions	
10:45 – 11:00 AM	<b>Short Break</b>	
11:00 – 12:00 PM	<b>MEDICAL STUDENT PANEL</b> Medical Students from Across the Philadelphia Region	
12:00 – 12:45 PM	<b>ASK A MEDICAL STUDENT</b> Lunchtime Chat & Chew Session	
<b>Concurrent Sessions</b>		
<i>Freshmen &amp; Sophomores</i>		
1:00 – 1:40 PM	<b>Ultrasound</b> Led by SONO	<b>MCAT Prep Workshop</b> Darlene Leohansson & Sneha Kadiyala
1:45 – 2:25 PM	<b>Ultrasound</b> Led by SONO	<b>Financial Aid/Budgeting Workshop</b> Mike Sabara, M.Ed. PSOM Director of Financial Services
2:30 – 3:15 PM	<b>Pathway to Medicine</b>	<b>Gap Year Planning</b>
3:15 – 3:45 PM	<i>JMEC Tour/ Departures</i>	